

FEBRUARY 2023



Everything to Hope for & Nothing to Regret

Lots of Love with Sweet Surprises

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:00 Walker's Club 10:00 GIANT 11:30 ZUMBA with Anna 12:30 Bible Study 1:00 GIANT 2:00 Pastor Movie 2:00 RA Shredding 2:00 Snacks/IceCream Sales 3:00 Meditation	2 Groundhog Day 10:00 Chat Room 11:00 Fit 4 Life 12:30 Second Harvest 2:00 Church (Spanish) 3:00 Meditation- Exercise Room	3 9:00 Walker's Club 10:00 BANKS 10:00 Meditation 11:00 Energetic Exercise 2:00 Rite Aid/ CVS 2:00 Stitching with Nena	4 8:30 RA COFFEE & DONUTS 12:30 RA Pinochle
5 1:00 Sunday Believers' with Paul Belfort	6 9:00 Walker's Club 11:00 Energetic Exercise 11:00 KOMÉ Hibachi 1:00 ENTERTAINMENT: Glen Miller- One Man Band 1:00 MOVIE 3:00 Meditation 6:00 RA Bingo	7 10:00 WEIS 11:00 Everybody's Yoga with Dana 1:15 CLINIC: BP Checks 2:00 RA Shredding 2:00 Snacks/IceCream Sales 2:00 WEIS 3:00 Meditation	8 9:00 Walker's Club 10:30 Giacomo's Italian Market/Lunch 11:30 ZUMBA with Anna 12:30 Bible Study 1:45 LM Bingo 2:00 Pastor Movie 3:00 Meditation	9 10:00 Chat Room 11:00 Fit 4 Life 2:00 Church 2:30 Color Me Mine Pottery 3:00 Meditation- Exercise Room	10 9:00 Walker's Club 10:00 Meditation 11:00 Energetic Exercise 12:30 CLINIC: OAA Podiatry 1:30 Trivia Day - Jeopardy 2:00 Stitching with Nena	11
12 11:00 Sunday Praise with David Garcia 1:00 Sunday Believers' with Paul Belfort 2:00 PA Playhouse 4:00 RA Social	13 9:00 Walker's Club 11:00 Energetic Exercise 11:00 SPEAKER: Meals on Wheels 1:00 MOVIE 3:00 Meditation 6:00 RA Bingo	14 Valentine's Day 11:00 Bach at Noon 11:00 Cookie Day-Medicare 101 11:00 Everybody's Yoga with Dana 2:00 GENERAL MEETING 3:00 Meditation	15 9:00 Walker's Club 10:00 BANKS 11:30 ZUMBA with Anna 12:30 Bible Study 2:00 Pastor Movie 2:00 RA Shredding 2:00 Snacks/IceCream Sales 2:00 TARGET 3:00 Meditation	16 9:00 CLINIC: HealthDrive-Eye 10:00 Chat Room 10:00 Freemansburg Diner 11:00 Fit 4 Life 2:00 Church 3:00 Meditation- Exercise Room	17 9:00 Walker's Club 10:00 Meditation 10:00 WALMART 11:00 Energetic Exercise 2:00 Stitching with Nena 2:00 WALMART	18 9:00 Resident's Association BREAKFAST

Tune into Channel 99 regularly for updates.

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 10:30 Winter Winefest 1:00 Sunday Believers' with Paul Belfort	20 Presidents' Day OFFICE CLOSED 9:00 Walker's Club 6:00 RA Bingo	21 10:00 Valley Farm Market 11:00 Everybody's Yoga with Dana 1:00 MOVIE 2:00 Valley Farm Market 3:00 Meditation	22 ASH WEDNESDAY 9:00 Walker's Club 10:00 SPEAKER: Dieting 11:30 ZUMBA with Anna 12:30 Bible Study 2:00 Pastor Movie 2:00 RA Shredding 2:00 Snacks/IceCream Sales 3:00 Meditation 4:30 Yianni's Taverna	23 10:00 Chat Room 10:00 DOLLAR TREE 11:00 Fit 4 Life with Dana 2:00 Church 2:00 DOLLAR TREE 3:00 Meditation- Exercise Room	24 9:00 Walker's Club 10:00 Meditation 11:00 Energetic Exercise 1:00 ENTERTAINMENT: 7 Legends 2:00 Stitching with Nena	25 5:00 RA soup/ hotdogs
26 1:00 Sunday Believers' with Paul Belfort	27 8:45 DeSales: Importance of being Earnest 9:00 Walker's Club 11:00 Energetic Exercise 1:00 MOVIE 3:00 Meditation 6:00 RA Bingo	28 11:00 Everybody's Yoga with Dana 2:00 Church 3:00 Meditation				

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